

# Nursing Management Program 2025

Karolinska University Hospital



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## Together We Shape the Future of Healthcare

As the CEO of Karolinska University Hospital, I am honored to present the Nursing Management Program, a cornerstone in our collective pursuit of excellence in healthcare. Last year's program was a tremendous success, marked by rich exchanges of knowledge, expertise, and best practices from across the globe. We learned much from each other, and this year, we will continue to build on that foundation.

Ranked among the top 10 hospitals in the world by Newsweek, we are committed to fostering innovation and leadership. This program is designed to empower nurses, equipping them with the tools needed to lead in an era of rapid change. With a focus on data-driven care, AI solutions, and innovative ways of working, our goal is to advance patient care and redefine the role of nurses in global healthcare management.

Together, we will continue to find strength in unity, collaboration, and forward-thinking. Join us as we push boundaries, elevate nursing standards, and drive meaningful transformation in healthcare.

A handwritten signature in black ink, appearing to be "C. Pedroletti".

**Christophe Pedroletti, CEO**  
Karolinska University Hospital

# Overview

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# 01

**Karolinska University Hospital** stands at the forefront of global healthcare, consistently ranked among the top hospitals worldwide. Situated in Stockholm, it serves as the region's premier institution for highly specialized care, research, and education. It collaborates closely with Karolinska Institutet, renowned for its medical breakthroughs, ensuring a seamless integration of patient care, research, and academic excellence.

At Karolinska, innovation meets compassion, with state-of-the-art facilities designed to enhance recovery and well-being. Whether you're learning from top professionals or witnessing the future of healthcare through groundbreaking projects, Karolinska offers an unparalleled opportunity to engage with one of the world's best healthcare systems.

With over **2,400** active researchers, **1,600** ongoing clinical studies, **85,000** inpatient episodes, **1,500,000** outpatient visits and **1,700** nursing students per year, Karolinska is a hub for pioneering healthcare solutions. A major factor driving this success is Karolinska's commitment to data-driven care. The hospital leverages real-time monitoring of crucial healthcare data, ensuring that every decision—whether in cancer therapy, diagnostics, or patient treatment—rests on solid, actionable insights. This data-centric approach allows Karolinska to refine treatments continuously, offering more precise and personalized care.

The integration of artificial intelligence is also a key element, advancing cancer therapies and improving diagnostics by analyzing vast amounts of patient data quickly and accurately.



Class of 2024. Photo: Fredric Möller Eklund



# Shaping the Future of Nursing

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# 02

At Karolinska University Hospital, we believe that transformational leadership is key to advancing nursing practice. By strategically driving improvements in patient care and fostering innovation, we are committed to shaping the future of healthcare. Our unified nursing strategy supports this vision, ensuring that every nurse is empowered to lead change and make a lasting impact.

## Leadership

Our focus is to ensure that every team member takes responsibility for their role, fostering a collaborative environment where our staff remains closely connected to the patient, guaranteeing the best care possible.

## Career Pathways

Discover new opportunities to advance your career through expert-led workshops, hands-on learning, and insights into professional growth. Gain the tools to lead, innovate, and drive impactful change in the global healthcare landscape.

## Change Management

Through the Nursing Management Program 2025, we empower nursing leaders to drive professional growth, elevate competencies, and cultivate a sustainable and adaptive work environment.

## Competence Staffing

Delve into innovative approaches to creating agile, robust teams capable of meeting the evolving needs of healthcare. Learn how effective staffing strategies can enhance flexibility, resilience, and the delivery of exceptional patient care.



Photo: Fredric Möller Eklund



# Is this program right for you?

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# 03

## **Are you a nursing leader aiming to advance your career and expand your expertise?**

Designed for ambitious nursing leaders, this immersive four-day experience combines Sweden's cutting-edge healthcare insights with hands-on learning to help you build essential change management skills in today's ever-evolving healthcare field.

This year's program focuses on leadership and change management, offering insights into essential areas like quality improvement, collaborative learning, and innovative care strategies. The curriculum also addresses one of the field's greatest challenges—competence staffing—where you'll learn strategies to build resilient and adaptable teams within complex healthcare settings. Through focus visits to clinical wards, you'll gain hands-on experience and inspiration to drive meaningful change in your organization.

## **Take your nursing management skills to the next level**

Throughout the program, exclusive ward visits aligned with your expertise will provide a unique perspective on Karolinska's clinical practices, allowing you to observe and reflect on cutting-edge approaches to patient care and team dynamics.

Join a global network of nursing professionals and unlock your full potential. This program is your opportunity to expand your expertise, gain invaluable perspectives, and become a transformative leader in nursing.

## **Key outcome: Mastering the art of leading change**

The Karolinska Nursing Management Program offers a unique opportunity to learn directly from seasoned industry leaders, with a strong emphasis on developing the critical skills needed to lead and implement change effectively.



# Karolinska's Vision, Mission & Values

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# 04



## VISION

We will cure and relieve tomorrow what no-one can cure and relieve today



## MISSION

We are best at the most difficult. We take responsibility for our common resources.



## VALUES

Responsibility  
Compassion  
Holistic approach

## Leading Change in Healthcare

The program empowers you to drive transformation by integrating leadership, change management, and innovation in healthcare. Learn strategies to enhance quality, build resilient teams, and optimize competence staffing. You will gain practical insights to apply immediately in your organization, leading sustainable growth and improved patient care.

## Shaping Your Career Path

This program equips you with the tools to advance your leadership skills and navigate the complexities of modern healthcare. Develop the ability to manage change, foster continuous improvement, and implement innovative solutions. You will leave ready to lead with confidence and make a lasting impact in your career and healthcare system.

## Job Shadowing

You will experience focus visits to Karolinska University Hospital's wards, gaining firsthand insights into clinical practices and innovative approaches. This immersive experience provides practical knowledge relevant to your area of expertise.

## Nursing Leadership

Develop key leadership skills to inspire and drive change within healthcare teams and develop nursing. Building on insights from previous days, you will explore how to lead with confidence in dynamic environments.





# Prominent Speakers

# 06



## **Christophe Pedroletti**

### **MD, PhD, CEO of Karolinska University Hospital**

Christophe Pedroletti, CEO of Karolinska University Hospital, is a distinguished pediatrician with broad experience in clinical practice, research, and healthcare leadership. Formerly CEO of Södertälje and Danderyd Hospitals, Dr. Pedroletti co-founded the Swedish National Airway Register. His career includes leading roles at Astrid Lindgren Pediatric Hospital and Akademiska University Hospital in Uppsala.



## **Katarina Meijers**

### **Director of Nursing at Karolinska University Hospital**

Katarina Meijers is the Director of Nursing in the Emergency & Reparative Medicine Theme and a Nurse Specialist in Intensive Care. Since 2008, she has been a leader in healthcare with experience in change management. She serves as one of the Chiefs of Staff in Karolinska's organization for Emergency & Incidents planning. Since 2019, she has been the point of contact for Karolinska Hospital in the Nursing Network of the EUHA alliance and a member of the Steering Group for collaboration between Tampere and Karolinska.



## **Oili Dahl**

### **Head of Development & Education in Perioperative Medicine and Intensive Care at Karolinska University Hospital**

Oili, an intensive care nurse with a PhD, has dedicated 30 years to nursing development and has extensive leadership experience. She leads specialist education for nurses and oversees programs for continuous professional development. Additionally, Oili serves as the president of the Swedish Society of Nursing, a professional organization focused on education, research, quality in care, and ethics.



## **Anna Wiberg**

### **Director of Nursing, Cancer Theme at Karolinska University Hospital**

Since 2003, Anna has held key managerial roles in various departments at Karolinska, culminating in her current position as Director of Nursing within the Cancer Theme since 2016. With a master's degree in leadership and organization, she brings significant experience, particularly in the field of change management.



## **Yvonne Wengström**

### **Professor at the Karolinska KCCC and Karolinska Institutet**

Yvonne, an oncology nurse, has been dedicated to cancer care since 1989. She is a senior advisor on nursing development efforts at the Karolinska Comprehensive Cancer Center. Specialized in breast cancer, she leads a research group in exercise oncology and advocates for translating research into practice, contributes to international committees, and promotes excellence in fundamental care globally.



## To get to Karolinska University Hospital from Arlanda Airport

### Option A - Airport buses

To and from Arlanda airport, you can take the airport buses. They go to Stockholm Central Station and takes approximately 45 minutes. For tickets and information, [click here](#).

From the Central Station, you can take the subway (green line) to Odenplan station and take buss number 6 or 507, and stop at 'Karolinska sjukhuset Eugeniavägen (Solna)'.

Or go one station further to St:Eriksplan station (green line), and opt for busses 3 or 77, and stop at 'Karolinska sjukhuset Eugeniavägen (Solna)'.

See SL for tickets and more information about the subway and busses in Stockholm.

### Option B - Arlanda Express

The fastest way to travel to and from Arlanda airport. The express train departs every 15 minutes and takes 18 minutes to Stockholm Central Station.

For tickets and information, [click here](#).

From the Central Station, please see the subway and buss options under Option A.

# Accommodation Information

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# 08



## Elite Palace Hotel

Location:

St. Eriksgatan 115, 113 43 Stockholm - 850 m from Karolinska University Hospital.

- [Details, Elite Palace Hotel, Stockholm](#)

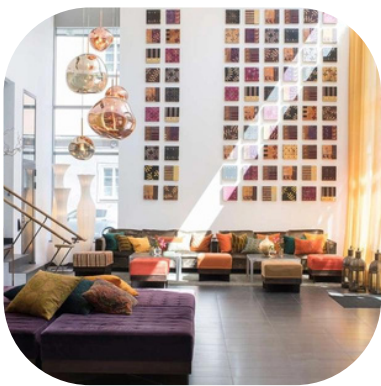


## Elite Hotel Carolina Tower

Location:

Eugenivägen 6, 171 64 Stockholm - 50 m from Karolinska University Hospital.

- [Details, Elite Hotel Carolina Tower, Stockholm](#)



## Best Western Time Hotel

Location:

Vanadisvägen 12, 113 46 Stockholm - 1,2-1,3 km from Karolinska University Hospital.

- [Details, Best Western Time Hotel, Stockholm](#)

[See in the Google Maps list the locations of the suggested accommodation options](#)



# Application & Information

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# 09

Don't miss this opportunity to improve your nursing management skills, discover the Swedish healthcare system, and network with global professionals.

The participation fee for the program is €1,500, with an early bird rate of €1,250 available until February 28. All fees include VAT.

For general inquiries and details, please contact us directly via email at: [fevzi.ozturk@regionstockholm.se](mailto:fevzi.ozturk@regionstockholm.se)

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Stay updated about Karolinska University Hospital by connecting with us on our social media platforms.



Photo: Fredric Möller Eklund

